



SCHOOL OF  
HEALTH AND HUMAN SERVICES  
ST. CLOUD STATE UNIVERSITY

# NEWS

Volume 5, Issue 3  
Spring 2015



## WELCOME FROM THE DEAN

Hello and welcome to the spring 2015 newsletter from the School of Health and Human Services.

This is a great time of year to be on campus when many of our students complete their undergraduate or graduate degree programs. As you will read in this newsletter, spring semester has been busy for our students, faculty and staff. I am writing this just after attending our spring colloquium where our keynote speaker, Aaron Cross, talked about “finding your target”. It was an inspirational presentation to a full ballroom in Atwood. The event prior to the keynote demonstrated the excellence of our students and the significant community engagement we all share in our school. You can read all about this event inside our newsletter.

On campus, we are completing a review of all of the programs in the colleges and schools. I had the pleasure of presenting the SHHS portfolio to our campus community in early April. I was honored and humbled to share the significant work that has been accomplished thus far. Some of our work this semester is shared in this newsletter.

The last few weeks of our semester bring wonderful celebrations as we recognize our Excellence in Leadership recipients, our graduates, and thank our faculty and staff who will retire at the end of this academic year. I hope you enjoy reading about all of our work. Thank you to each and every one of you who support us.

## OUR GREAT PARTNERSHIPS

As you know, our school values our extensive partnerships with our community. In this semester, we'd like to highlight one in particular. Our Social Work students and their advisor, Sheila Moriarty, have partnered with the United Way of Central Minnesota on Homeless Advocacy Work.

Last year, Social Work students participated in the “Project 325 in 320” rally/march in April to raise awareness about homeless youth in our community and raise funds to support the efforts.

To date, they have collected over \$1,500 through Penny Wars, tabling events outside of Cash Wise & Shopko, and selling Valentine treats.



In March, the students hosted a Silent Auction in Atwood Memorial Center. In total they have raised more than \$3,200 with most of it going to Project Homeless Connect.

The students are still doing a quarter/change drive for the Laundry Love project and hope to collect an additional \$300 to support this project as well.

Jon Ruis, President and CEO of United Way of Central Minnesota has commented that “we are so proud to have such a great relationship with SCSU!”.

We are thankful to all of our Social Work students and to Sheila Moriarty for her leadership with this work. Thank you to everyone who donated items to the Silent Auction and to everyone who bid on these items.

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## SHHS SPRING COLLOQUIUM

Monday, April 13th marked the School of Health and Human Services Colloquium, as well as the third semiannual “Embracing the Difference: the ABILITY event.” Students, faculty, staff, and local members of the community joined together to bring awareness to the topic of ‘disability,’ and how it is viewed in our society.

To kick-off “the ABILITY event,” registered participants were guided to seven different disability stations that were on the second floor of Atwood Memorial Center. Each station was titled “Experiential Learning Scenario,” or “ELS” to distinguish their hands-on and empirical approach. Each ELS was led exclusively by a student or member of the SCSU community that had each specific disability that was being represented. Participants were not only able to experience what having each disability would be like during each ELS, but they were also able to interact directly with the facilitators. The seven disabilities represented included: Autism, Blindness/Vision Loss, ADD/ADHD, Deafness/Hard of Hearing, Cerebral Palsy, Mental Health, and Spinal Cord Injury. Local vendors throughout the community were also included the event, and provided participants with relevant knowledge and assistive technology in the field of disability.

After lunch, the Ballroom was filled for the SHHS Colloquium’s keynote address by Aaron Cross. Aaron is a first-year student in the Rehabilitation Counseling Master’s program. He’s also a life skills coach for the State of Minnesota as well as private clients, and speaks publically and professionally through his company, “Motivation on Wheels.” During a bike race at age 15 with Olympic glory in mind, Aaron careened into the back of a support vehicle at 38 miles per hour. This incident paralyzed him instantly, breaking his neck in three different places. However, just as he reiterated in his keynote address, Aaron has always continued to “Focus on his Target.” Aaron went on to become a three-time member of the US Paralympic Archery



Front to Back: Aaron Cross, Amy Knopf, Monica Devers, Dr. Allison Kim (International Guest from Woosong University)

team winning Team Bronze in the 2004 Athens Summer Paralympic Games. Throughout his eloquent presentation which was full of both sad and happy tears, it was clear that Aaron refused to let his diagnosis prevent him from pursuing his dreams.

Under the leadership of Dr. Amy Knopf (Department of Community Psychology, Counseling and Family Therapy), this event was hosted, coordinated, and run by students. The core committee consisted of students from the Rehabilitation Counseling program. Additionally, Community Psychology undergraduate and graduate students who were enrolled in Dr. Knopf’s Group Process classes were recruited to volunteer. These students, along with graduate students in both Rehabilitation Counseling and College Counseling, facilitated weekly meetings to ensure the success of the event. Funding was made possible by contributions from Continuing Studies and the School of Health and Human Services, along with donations from participants, which supplied food and beverages throughout the day. The ABILITY event would not be possible without the many volunteers who donated their time, ideas, and funding. A big THANK YOU to all who participated! We are grateful for those who shared in this vision to create such a successful event, and for bringing disABILITY awareness to the SCSU community.

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## RESEARCH SPACE IN EDUCATION BUILDING

Last summer, research space was secured in the Education Building to conduct human and invertebrate research. In the 8 months since the space was allocated for research, Dr. Witts, (Applied Behavior Analysis) and his colleagues and students have generated two peer-reviewed publications, three paper presentations, and thirteen poster presentations. This dissemination effort resulted in 18 faculty citations, 23 graduate student citations, and 7 undergraduate student citations.

We are currently looking to identify additional space on campus to house the invertebrate lab where this research can continue undisturbed from the other research projects ongoing in the department. The invertebrate lab is now part of the graduate-level ABA coursework, and will continue to be a source of learning and investigation.

## WELL-BEING INITIATIVE

In February, a grant award of \$525,000 was made from the CentraCare Health Foundation to the Greater St. Cloud Development Corporation (GSDC) to help advance community health and employee well-being in our region.

The grant is part of a broader and growing collaboration with CentraCare Health, as a leading health “provider,” St. Cloud State University, as a key health “educator,” and the Greater St. Cloud Development Corporation as a health “channel” to employers and employees.

The School of Health and Human Services is excited to participate in this opportunity to advance health and well-being in our community. More details will be provided soon on how SHHS will engage in this work.

## Tk20

Our school is committed and engaged in implementing Tk20 to document our assessment. SHHS faculty will be offering two presentations at the 2015 Tk20 User Conference in June: Bending theBoundaries - Taking Tk20 Outside of Education and Meta-Assessment with Tk20.



## **PRE-NURSING LIVING LEARNING COMMUNITY**

This fall, the School of Health and Human Services and the Department of Nursing Science, along with Residential Life and First Year and Transition Programs, are launching a brand new living learning community. Students who are members of the living learning community are all interested in

pursuing a nursing degree at SCSU and have the opportunity to take classes together, study together, and live together on a designated floor in North Shoemaker Hall. Research shows that students who are members of a living learning community, on average, report higher grades and higher overall satisfaction with their college experience. Please contact the Nursing Student Services Coordinator at (320) 308-4064 to learn more about this opportunity!

## **SHHS 111: INTRODUCTION TO HEALTH AND HUMAN SERVICES**

The School of Health and Human Services will begin offering a new, introductory class called SHHS 111: Introduction to Health and Human Services. This class will provide information on programs in the School of Health and Human Services and will help students explore their interests, values, and abilities in preparation to work in the field of health or human services.

This summer, this class will be offered to students participating in the Summer Health Career Service Academy, run through St. Cloud Area School District 742. The section for students in the Health Career Service Academy is specifically for high school students interested in a career in health care and will allow for them to explore their interests more deeply, as well as allow them to experience SCSU in a more hands-on way.

SHHS 111 will be open to SCSU students beginning in Fall 2015.



# STUDENT HIGHLIGHTS

## EXCELLENCE IN LEADERSHIP AWARD RECIPIENTS

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The Excellence in Leadership program recognizes students who, through their leadership efforts, have made significant contributions to St. Cloud State University and their communities. The University Award for Excellence in Leadership identifies and honors students who have demonstrated outstanding leadership while at St. Cloud State University.

We were thrilled to see that 7 of the 25 recipients of the 27th Annual Excellence in Leadership Awards are from departments and programs within SHHS. These students were honored at the Excellence in Leadership Banquet on April 26, 2015 in the AMC-Ballroom. Please join us in congratulating them.

**SARAH EVERSON, *Maplewood, MN***  
*COMMUNITY HEALTH* - Teresa Heck, Advisor

**MEGAN KALLINEN, *Big Lake, MN***  
*COMMUNICATION SCIENCES AND DISORDERS* - Sarah Smits-Bandstra, Advisor

**MAI LEE, *St. Paul, MN***  
*COMMUNITY HEALTH* - Teresa Heck, Advisor

**TIFFANY SMITH, *Sauk Rapids, MN***  
*COMMUNICATION SCIENCES AND DISORDERS* - Margery Whites, Advisor

**HALEY SPRENGER, *Grey Eagle/Long Prairie, MN***  
*PHYSICAL EDUCATION AND HEALTH EDUCATION* - Susan Tarr, Advisor

**ALEXIS WALDIN, *Chanhassen, MN***  
*APPLIED BEHAVIOR ANALYSIS* - Eric Rudrud, Advisor

**PREETI YONJON, *Kathmandu, Nepal***  
*GERONTOLOGY* - Phyllis Greenberg, Advisor

# STUDENT HIGHLIGHTS

## STUDENT RESEARCH AWARDS

Congratulations to our 21 students who received Student Research funds to conduct academic related research through the Office of Research and Sponsored Programs in the amount of \$6,906.

Annually, RSP awards \$30,000 to support student research projects, travel for research, data collection and travel to give a paper or poster presentation. Projects must be related to academic program and career objectives and must have a faculty sponsor.

Students receiving funds must present at the Student Research Colloquium, which was held in the Atwood Memorial Center on April 21, 2015. The School of Health and Human Services had sixty students presenting posters and one student presenting a paper presentation.

### ***COUNSELING, COMMUNITY PSYCHOLOGY AND FAMILY THERAPY***

#### **APPLIED BEHAVIOR ANALYSIS**

Name: **ARIEF, NYIMAS**

Project Title: *"A Comparison of the Reinforcing Effectiveness of Different Types of Attention on Sill Acquisition in Typically Developing Preschool Children"*

Faculty Sponsor: Julie Ackerlund Brandt

Name: **HALBUR, MARY**

Project Title(s): *"An Evaluation of the Reinforcing Efficacy of General Praise and Behavior-Specific Praise in Typically Developing Pre-School Children" and "Behavior Analysis Across Species"*

Faculty Sponsor: Julie Ackerlund Brandt

Name: **HUTTER, EMILY**

Project Title: *"Pilot Study: Experimental Analysis of Food Choices"*

Faculty Sponsor: Benjamin Witts

Name: **KNAPP, LINDSAY**

Project Title: *"The Effects of Different Variables on Preference for Choice-Making Opportunities and an Evaluation of the Over Justification Effect in Pre-School Children Based on Task Difficulty"*

Faculty Sponsor: Julie Ackerlund Brandt

Name: **LINN, TRISTA**

Project Title(s): *"An Examination of the Over Justification Effect Using a Token Economy Reinforcement for On-task Behavior of Pre-School Children During Circle Time" and "Behavior Analysis Across Basic and Applied Research"*

Faculty Sponsor: Julie Ackerlund Brandt

Name: **WALDIN, ALEXIS**

Project Title: *A Function-Based Approach to the Treatment of Audible Diurnal Bruxism and Transfer of Stimulus Control of Toileting Behavior with Somali Male"*

Faculty Sponsor: Benjamin Witts

### **COLLEGE COUNSELING & STUDENT DEVELOPMENT**

Name: **DEMPSEY, JOSEPH AND NE'ANGELA, SCOTT**

Project Title: *"Improving Student Experience and Student Success"*

Faculty Sponsor: Adam Klepatar

Name: **WAHSA, ALEXIS; LARUM, THOMAS AND KOSEL, DEANNE**

Project Title: *"A Hockey-based Slot Machine to Study "Branding" in Slot Machine Gambling"*

Faculty Sponsor: Benjamin Witts

### **MARRIAGE & FAMILY THERAPY**

Name: **DELGADO CUZZI, PAULA**

Project Title: *"Reciprocal Violence and Injuries in Couples in Arequipa, Peru"*

Faculty Sponsor: Manijeh Daneshpour

### **REHABILITATION COUNSELING**

Name: **WATSON, TERESA AND BAUMAN, KELLY**

Project Title: *"St. Cloud State University Disability Awareness Event"*

Faculty Sponsor: Amy Knopf



**STUDENT RESEARCH  
COLLOQUIUM**

**2015**

# STUDENT HIGHLIGHTS

## STUDENT RESEARCH AWARDS

### COMMUNICATION SCIENCES AND DISORDERS

Name: **ANDERSON, SARAH**

Project Title: *"The Effect of "Baby Sign" on Early Language Development"*

Faculty Sponsor: Sarah Smits-Bandstra

Name: **ZERFAS, HANNA**

Project Title: *"Improving Services of Hispanic Children with Hearing Loss"*

Faculty Sponsor: Theresa Estrem

### SOCIAL WORK

Name: **OWENS, JESSICA**

Project Title: *"Discourse Therapy in Right Hemisphere Brain Damage: A Case Study"*

Faculty Sponsor: G.N. Rangamani

Name: **PREUSSER, SAMANTHA**

Project Title: *"Journey to Heal"*

Faculty Sponsor: Sara DeVos

Name: **SMITH, TIFFANY**

Project Title: *"Computerized Application Training vs. Speech-Language Therapy in Chronic Aphasia"*

Faculty Sponsor: G.N. Rangamani

## STUDENT AND ALUMNI NEWS

### KINESIOLOGY

Two SHHS student-athletes were named 2015 Northern Sun Intercollegiate Conference (NSIC) Myles Brand All-Academic with Distinction Award winners:

**CARLEY JEFFERY**, Women's Basketball, Recreation and Sport Management major

**BEN MCPHAIL**, Wrestling, Community Psychology major. This honor is given to senior NCIS student-athletes who have a cumulative grade point average of 3.75 or higher, are exhausting their eligibility and are on track to graduate. The honor is named for the late NCAA President Myles Brand.

**HALEY SPRENGER**, HPE major, was selected as the 2014-2015 Outstanding Health and Physical Education major at SCSU. She was honored along with other University's Majors of the Year at the annual SHAPE (Society of Health and Physical Educators) convention in Seattle in March.

### NURSING

**NGHI K VUONG**, a student in the Nursing Program, was awarded a \$1,000 St. Cloud Hospital Phil and Evelyn Ruggiero Scholarship for current CentraCare Health Volunteers who are pursuing a college degree or program certification.

### ALUMNI



**EMMANUEL OPPONG**, Community Counseling graduate (2014) was featured in the Spring issue of the IQ Magazine, <http://www.ifound.org/initiative-quarterly>

# DEPARTMENT AND FACULTY NEWS

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## COMMUNICATION SCIENCES AND DISORDERS

**REBECCA CROWELL**, Chair of the Department of Communication Sciences and Disorders, received the Honors of the Minnesota Speech-Language-Hearing Association (MSHA) at the State Convention in Minneapolis.

## COMMUNITY PSYCHOLOGY, COUNSELING AND FAMILY THERAPY



BEHAVIOR ANALYST QUARTERLY (BAQ), is a new online magazine started by **DR. BEN WITTS** in the Community Psychology, Counseling and Family Therapy department. This magazine features many of our students and faculty. BAQ is available for free at [www.baquarterly.com](http://www.baquarterly.com). Just open the reader and hit "Follow" to subscribe to BAQ.

**AMY KNOPF, BARBARA VESELY, BRAD KUHLMAN AND MARY TACKER**, Community Psychology, Counseling and Family Therapy department, developed a new program that would meet the need for more Rehabilitation Counselors who have expertise in serving consumers with addiction diagnoses. These faculty, along with graduate students from Rehabilitation Counseling, worked very hard to develop a new Master's degree in Rehabilitation and Addiction Counseling, and to apply for a federal grant that will hopefully provide tuition assistance for incoming students. Applications are already being accepted and we will conduct the first round of interviews in the next few weeks. Our first cohort of students will start Fall 2015. We also have four half-time graduate assistantships that we will award. This program at St. Cloud State University is one of only two training programs with specialized expertise in Rehabilitation Counseling and Addictions in the United States.

For an application please go to the SCSU Graduate School website to apply for the Rehabilitation and Addiction Counseling Masters, <http://www.stcloudstate.edu/gradadmissions/program/Rehabilitation%20and%20Addictions%20Counseling%20.aspx>.

If you have questions please contact

- Dr. Amy Knopf, [ahknopf@stcloudstate.edu](mailto:ahknopf@stcloudstate.edu)
- Dr. Bradley Kuhlman, [bkuhlman@stcloudstate.edu](mailto:bkuhlman@stcloudstate.edu)
- Dr. Barbara Vesely, [bnvesely@stcloudstate.edu](mailto:bnvesely@stcloudstate.edu)
- Dr. Mary Tacker, [mktacker@stcloudstate.edu](mailto:mktacker@stcloudstate.edu)

## KINESIOLOGY



**SUE TARR**, Department of Kinesiology, received the 2015 SHAPE American Central District-District Scholar Award in Spring semester.

## NURSING

**JANE BAGLEY** traveled to Nelson Mandela Metropolitan University during spring break as part of our planning to create a clinical experience for our Nursing students in South Africa in 2016.

**BETSY CLARK** completed her Doctorate in Nursing Practice from the University of Minnesota.

**ROXANNE WILSON**, along with colleagues at CentraCare, received IRB approval to begin a 2 year study examining decisional factors and satisfaction addressing hair loss among persons diagnosed with breast cancer receiving adjuvant chemotherapy.

# DEPARTMENT AND FACULTY NEWS CONTINUED

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## SOCIAL WORK

At its February 2015 meeting, the Commission on Accreditation (COA) reviewed the Bachelor's and Master's of Social Work programs. The COA decision was to reaffirm the program's accreditation for the BSW and MSW programs for eight years.

This year, 140 BSW and MSW students attended the annual Minnesota Social Service Association conference in March. The National Association of Social Workers- Minnesota Chapter sponsors Social Work Day at the Capital every April and 75 Social Work students attended this event.

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## FACULTY PUBLICATIONS 2014-2015

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### COUNSELING, COMMUNITY PSYCHOLOGY AND FAMILY THERAPY

**BAKER, TIMOTHY** (2015). A COUNSELING CLINIC DIGITAL RECORDING SYSTEM--IN A BOX. *ACA VISTAS* 2015.

**BAKER, TIMOTHY** (2014). The ACA 2014 Code of Ethics and Technology: New Solutions to Emerging Problems. *ACA VISTAS* 2014.

**CHRISTMAN, SETH** (2014). Vicarious Trauma: Haitians in Miami Coping with the Earthquake in Haiti. *Journal of Multicultural Counseling and Development*, 42(1). DOI: 10.1002/j.2161-1912.2014.00040.x.

**CONNOR, JENNIFER** (2014 ). Twins Conceived Using Assisted Reproduction: Child and family outcomes at middle childhood. *Human Reproductive*, 29(10): 2245-2255 first published online August 1, 2014 doi: 10.1093/humrep/deu190.

**DANESHPOUR, MANIJEH** (2014). Cultural Neuroscience: *Child and Adolescent Brain Development*. pp. May/June (pp.24-27).

### COMMUNICATION SCIENCES AND DISORDERS

**CARPENTER, M., ESTREM, T., CROWELL, R.C. AND EDRISINHA, C.** (2014). Auditory Processing Skills in Young Adults with Autism Spectrum Disorder. *Journal of Communication Disorders, Deaf Studies and Hearing Aids*.

### GERONTOLOGY

**KARASIK, RONA** (2014). Two Thumbs Up: Using popular films in introductory aging courses. *Gerontology & Geriatrics Education*, 35(1), 86-113.

### NURSING

**HAMMER, VICTORIA; SUE HERM; AND KATHY KOEPKE** (2015) Cultural Variations in End-of-Life Simulations. *Innovations in Nursing Education Series* (Vol. 3)

# FACULTY RESEARCH AWARDS

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FACULTY: **AMY KNOFF, COMMUNITY PSYCHOLOGY, COUNSELING AND FAMILY THERAPY**

PROJECT TITLE: Rehabilitation Training: Rehabilitation Long-Term Training

FUNDING AGENCY: U. S. Department of Education

AMOUNT AWARDED: \$197,788.00

FACULTY: **MARY PFOHL, SOCIAL WORK**

PROJECT TITLE: Bachelor of Social Work Child Welfare Consortium Project

FUNDING AGENCY: University of Minnesota - Twin Cities, School of Social Work

AMOUNT AWARDED: \$104,200.00

FACULTY: **GLENN STREET, KINESIOLOGY**

PROJECT TITLE: Prosthetic Writing Services

FUNDING AGENCY: Environmentally Managed Systems (EMS)

AMOUNT AWARDED: \$7,721.00

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## RETIREMENTS AND DEPARTURES

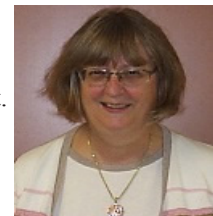
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Thank you to **MARGERY WHITES** (Communication Sciences and Disorders faculty) for her 27 years of service at SCSU. We wish her the best in her retirement.

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Best wishes to **VONNA HENRY** (Nursing Department faculty) on her retirement.



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## SUBMIT YOUR IDEAS

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THE SCHOOL OF HEALTH AND HUMAN SERVICES WANTS TO HEAR FROM OUR ALUMNI AND FRIENDS, THROUGH NEWSLETTERS LIKE THIS AND EMAILS. IF YOU WOULD LIKE TO RECEIVE INFORMATION OR YOU WISH TO CONTRIBUTE A STORY OR UPDATE, PLEASE CONTACT OUR OFFICE AT [SHHS@STCLOUDSTATE.EDU](mailto:SHHS@STCLOUDSTATE.EDU).

# DATES TO REMEMBER

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## SPRING 2015 GRADUATE RECEPTION AND HOODING CEREMONY

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*Saturday, May 9th 2015*

*8:15 - 10:00 a.m.*

*Ritsche Auditorium*

### COMMENCEMENT

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*Saturday, May 9th, 2015*

*10:30 a.m. - 12:30 p.m.*

*Herb Brooks National Hockey Center*

### SUMMER PREVIEW DAYS

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*Friday, June 26th, 2015*

*Friday, July 10th, 2015*

*Friday, July 24th, 2015*

*Times to be determined*

### FOUR DAY ORIENTATION FOR NEW STUDENTS

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*Thursday, August 20th - Sunday, August 23rd, 2015*

### FALL CLASSES BEGIN

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*Monday, August 24th, 2015*

### DISCOVER RED AND BLACK DAYS

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*Thursday, October 15th; Friday, October 16th and Saturday, October 17th, 2015*

*Times to be determined*

### FALL PREVIEW DAYS

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*Friday, November 6th and Friday, November 13th, 2015*

*Times to be determined*



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